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THE DISTRICT ATTORNEY
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For Immediate Release

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DA's Office Hosts Virtual Health & Wellness Fair for Southeastern San Diego Neighborhood

Monthlong Fair Promotes Domestic Violence & Breast Cancer Awareness

San Diego County District Attorney Summer Stephan announced a monthlong Community Health and Wellness Virtual Fair during the month of October to bring mental health and domestic violence resources to residents in the neighborhoods of southeastern San Diego and beyond.

In the past, the fair has been a one-day event held at the District Attorney's [CARE Center](#). In the era of social distancing, however, the fair will be held all month through video panels on Zoom, as a way to make resources available to people who most need them, especially women and families. Provider videos will be posted three times a week through the CARE Center's [Facebook](#) and [Instagram](#) pages. There, the public comment on the post to receive a link to workshops and panels. Eight online panel discussions will be held, four in English and four in Spanish. Members of the public can also request registration information by emailing Careresourcefair@sdcca.org.



COMMUNITY HEALTH & WELLNESS VIRTUAL FAIR

In honor of breast cancer and domestic violence awareness month

way to safely interact with service providers.”

“Because of the COVID-19 pandemic, so many of our neighbors are struggling with mental health issues, joblessness, domestic violence and the stress of home schooling,” DA Summer Stephan said. “We want people to know that they are not alone in what they are experiencing and to provide them with a

October is Domestic Violence Awareness and Breast Cancer Month. Each year, about 17,000 incidents of domestic abuse are reported to law enforcement throughout the county. In order to reach people who may be struggling violence or health problems, the DA's CARE Center is collaborating with the San Diego Domestic Violence Council, Every Woman Counts, Binational Health Week and other community members to bring awareness to domestic violence and breast cancer through informational and interactive workshops and panels featuring service providers and survivors. This includes service

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provider interviews, speeches and presentations around mental and physical health, healthy eating with limited resources, coping skills, communication techniques, at-home learning and more.

The schedule for the online workshops and panels is:

Domestic Violence 101 English; October 6, 5:30 to 7 p.m.

Domestic Violence 101 Spanish; October 13, 5:30 to 7 p.m.

My Domestic Violence Journey English; October 20, 5:30 to 7 p.m.

My Domestic Violence Journey Spanish; October 27, 5:30 to 7 p.m.

Breast Cancer Education workshop and panel English; October 8, 5:30 to 7 p.m.

Breast Cancer Education workshop and panel Spanish; October 15, 5:30 to 7 p.m.

Surviving and Thriving My Breast Cancer Journey English; October 22, 5:30 to 7 p.m.

Surviving and Thriving My Breast Cancer Journey Spanish; October 29, 5:30 to 7 p.m.

Members of the public can access providers through the CARE Center social media pages (@SDCareCenter). There will be gift card incentives for community members who attend the workshops and other ways to win prizes throughout the month.

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About the San Diego County District Attorney's Office

The San Diego County DA's Office prosecutes all felony crimes in the county and misdemeanor crimes committed outside the City of San Diego. The office files about 40,000 criminal cases a year and balances prosecution with numerous crime prevention programs. District Attorney Summer Stephan leads the office of more than 1,000 dedicated employees who pursue fair and equal justice, and support victims daily across San Diego County.