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For Immediate Release

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# Aging Summit Reveals How Technology Can Improve the Lives of Seniors

## Aging Summit 2010

*Technology has the potential to improve the lives of older adults by increasing their safety, security, and independence in daily life. Aging Summit 2010 will highlight options about how technology can contribute to healthy aging.*

*The biennial Aging Summits were initiated by County Supervisors Dianne Jacob and Pam Slater-Price as a way for our community to discuss issues that are important to older adults, baby boomers, and others. Topics for this year's Aging Summit: technology tools and devices, social uses of technology, and technology for health and caregiver support. If you are interested in being an exhibitor or sponsor, please call (858)514-4652*

*The Summit is scheduled for June 3rd at the Town & Country Resort and Convention Center in Mission Valley.*



**REGISTER NOW!!**  
**AGING SUMMIT 2010**

Town and Country  
Resort & Convention Center

**Thursday, June 3**  
9:00 AM to 2:30 PM

**TECHNOLOGY**

Technology has the potential to improve the lives of older adults by increasing their safety, security and independence in daily life. Aging Summit 2010 will highlight options about how technology can contribute to healthy aging.

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**Topics for this year's Aging Summit:**  
Don't Be Timid About Technology  
Use Technology to Keep You Connected  
Beneficial Technology for HealthCare & Caregivers  
So Many Gadgets: Tips & Tricks

If you are interested in being a sponsor or exhibitor, call (858) 514-4652, or see [www.AgingSummit2010.org](http://www.AgingSummit2010.org)

**AARP**  
COUNTY OF SAN DIEGO  
**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY  
Aging & Independence Services

To register for Aging Summit 2010, call (877) 926-8300  
Or go online <http://agingsummit2010.eventbrite.com>

[Electronic Flyer Obtain Here](#)

**To register: 1-877-926-8300**

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